

E.A.C. POOL SCHEDULE

effective dates: 2/5 - 3/11/2023

Break times are called with a long whistle every 10 minutes to the top of the hour. Adults (18+) may stay in the pools along with handheld infants. All children below 18 years must leave the water until the lifeguard blows the whistle again.

THERAPY POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7am		open	open	open	open	open	
7-8am		open	open	open	open	open	
8-9am		aquanastics	water flex	aquanastics	water flex	aquanastics	open
9-10am		open	open	open	open	open	open
10-11am		open	open	open	open	swim lessons 2/10-3/24 10-11:40	open
11a-12p		open	water flex	open	water flex		open
12-1pm	open	open	water flex	open	water flex	open	open
1-2pm	open	open	open	open	open	open	open
2-3pm	open	open	open	open	open	open	open
3-4pm	open	open	open	open	open	open	open
4-5pm	open	open	open	open	open	open	open
5-6pm	open til 5:45pm	open	swim lessons 2/28-4/4 	private class 3/8-3/29 5-5:30	open	open til 5:45pm	open til 5:45pm
6-7pm		open		open	open		
7-8pm		open		open	open		
8-9pm		open til 8:45	open til 8:45	open til 8:45	open til 8:45		

notice: schedule subject to change



Tue 2/21 6-8pm - private rental of entire therapy pool. Pool closed during this time.

Competition Pool schedule on reverse side

INCLEMENT WEATHER POLICY

In the event that Norwalk City Schools delay or cancel, it is assumed that scheduled classes, here at the Rec, before 10:30am are cancelled. Unless otherwise advertised, the pools will still be open, however, there will be no formal class.