

PARENT & CHILD AQUATICS

6 MONTHS - 3 YEARS*

THIS FOUR-SESSION CLASS TEACHES BASIC WATER SAFETY SKILLS FOR BOTH PARENTS AND THEIR CHILD, HELPING INFANTS AND YOUNG CHILDREN BECOME COMFORTABLE IN THE WATER SO THEY ARE WILLING AND READY TO LEARN TO SWIM. BASIC SKILLS INCLUDE:

- ADJUSTING TO THE WATER ENVIRONMENT
- SHOWING COMFORT WHILE MAINTAINING A FRONT OR BACK POSITION
- DEMONSTRATING BREATH CONTROL - INCLUDING BUBBLES OR VOLUNTARILY SUBMERGING UNDER WATER.

NOTE: A PARENT/GUARDIAN IS REQUIRED TO BE IN THE WATER WITH THE CHILD DURING THIS CLASS. **DO NOT ENTER THE WATER BEFORE CLASS STARTS.**

2026!!

Thursday October 8th, Thursday October 15th,
Thursday October 22rd, and Thursday October 29th

4:50 - 5:20pm (ages 6 m – 23m)

5:20 - 5:50pm (ages 2yrs - 3yrs*)

*participants up to 3 yrs, 11 m

Member registration starts 9/29 @6:30pm

Universal registration stars 10/1 @6:30am

@THE REC CENTER FRONT DESK



Members: \$30

Universal: \$35

QUESTIONS?

Contact the Aquatics Coordinator:

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419-663-6775 x1030

