

E.A.C. POOL SCHEDULE

effective dates: 8/23 - 9/30/2022

Break times are called with a long whistle every 10 minutes to the top of the hour. Adults (18+) may stay in the pools along with handheld infants. All children below 18 years must leave the water until the lifeguard blows the whistle again.

TERAPY POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7am		open	open	open	open	open	
7-8am		open	open	open	open	open	
8-9am		aquanastics	water flex	aquanastics	water flex	aquanastics	open
9-10am		water pilates	open	open	open	water pilates	open
10-11am		open	open	water pilates	open	open	open
11a-12p		open	water flex	open	water flex	open	open
12-1pm	open	open	water flex	open	water flex	open	open
1-2pm	open	open	open	open	open	open	open
2-3pm	open	open	open	open	open	open	open
3-4pm	open	open	open	open	open	open	open
4-5pm	open	open	open	private class 9/7 & 9/21	open	open	open
5-6pm	open til 5:45pm	open	open	open	open	open til 5:45pm	open til 5:45pm
6-7pm		open	open	open	open		
7-8pm		open til 7:45	open til 7:45	open til 7:45	open til 7:45		

notice: schedule subject to change

COMPETITION POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7am		lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	
7-8am		lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	
8-9am		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)
9-10am		deep water (1)	deep water (1)	deep water (1)	deep water (1)	deep water (1)	lap swim (4)
10-11am		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)
11a-12p		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)
12-1pm	open	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open
1-2pm	open	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open
2-3pm	open	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open
3-4pm	open	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open
4-5pm	open	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open
5-6pm	open til 5:45pm	swim team 9/12-10/17 1 lane available *	open	swim team 9/14-10/19 1 lane available *	private team 9/8-10/27 2 lanes available	open til 5:45	open til 5:45pm
6-7pm			water aerobics (2)		water aerobics (2)		
7-8pm		open til 7:45	open til 7:45	open til 7:45	open til 7:45		

The number in parentheses indicates the number of available lap lanes available in the pool. Swimmers are expected to share lanes, circle swim in times of high demand. Two lap lanes are available along with the diving board during most "open" times; please note that the diving board may not be available during certain classes or due to number of staff on duty.

FACILITY CLOSED --- MONDAY SEPT 5
Happy Labor Day

* = number of lanes available on Mondays and Wednesdays may change.
Please feel free to call if you're interested in coming during this time (419) 663-6775.
Thank you!