

# EAC POOL SCHEDULE

**Effective: 7/7/25 - 8/8/25** *(schedule subject to change)*

Break times are called with a long whistle every 10 minutes to the top of the hour.

Adults (18+) may stay in the pools along with handheld infants.

All children below 18 years must leave the water until the lifeguard blows the whistle again.

## OUTDOOR POOL HOURS

MON-THR: 12 - 6:45; FRI-SUN: 12 - 5:45

*\*DEPENDENT ON WEATHER\**

**NOTE: 7/30 CLOSING @ 5:45**

**INDOOR POOL AREA CLOSED - ANNUAL CLEANING**

**WEEK OF 8/10** *\*MORE INFO TBA\**

## THERAPY POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6-7A</b>		open	open	open	open	open	
<b>7-8A</b>		open	open	open	open	open	
<b>8-9A</b>		aquanastics	water flex	aquanastics	water flex	aquanastics	open
<b>9-10A</b>		pilates	senior swim <i>Age 55 &amp; over</i>	pilates	senior swim <i>Age 55 &amp; over</i>	senior swim <i>Age 55 &amp; over</i>	open
<b>10-11A</b>		swim lessons <i>(6/30-7/10; 7/14-7/24; 7/28-8/7)</i>				pilates	open
<b>11P-12P</b>						senior swim <i>Age 55 &amp; over</i>	open
<b>12-1P</b>	open	open	water flex	open	water flex	open	open
<b>1-2P</b>	open	open	water flex	open	water flex	open	open
<b>2-3P</b>	open	open	open	open	open	open	open
<b>3-4P</b>	open	open	open	open	open	open	open
<b>4-5P</b>	open	open	open	open	open	open	open
<b>5-6P</b>	open til 5:45pm	swim lessons <i>(7/7-7/30)</i>	open	swim lessons <i>(7/7-7/30)</i>	open	open til 5:45pm	open til 5:45pm
<b>6-7P</b>			open		open		
<b>7-7:45P</b>		open	open	open	open		

• **Bolded times indicate class/program. Pool closed to persons not participating, unless otherwise noted.** •

## COMPETITION POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6-7A</b>		lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	
<b>7-8A</b>		lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	
<b>8-9A</b>		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (6)
<b>9-10A</b>		deep water (1)	deep water (1)	deep water (1)	deep water (1)	deep water (1)	lap swim (6)
<b>10-11A</b>		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (6)
<b>11A-12P</b>		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open (3)
<b>12-1P</b>	open (3)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open (3)
<b>1-2P</b>	open (3)	lap swim (3)	lap swim (3)	lap swim (3)	lap swim (3)	lap swim (3)	open (3)
<b>2-3P</b>	open (3)	lap swim (3)	lap swim (3)	lap swim (3)	lap swim (3)	lap swim (3)	open (3)
<b>3-4P</b>	open (3)	lap swim (3)	lap swim (3)	lap swim (3)	lap swim (3)	lap swim (3)	open (3)
<b>4-5P</b>	open (3)	lap swim (2)	lap swim (3)	lap swim (2)	lap swim (3)	stingrays 4:30 - 5:30 (1)	open (3)
<b>5-6P</b>	open til 5:45pm	stingrays 5:00 - 7:00 (1)	stingrays & aerobics 5:00 - 7:00 (NO)	stingrays 5:00 - 7:00 (1)	stingrays 5:00 - 7:00 (1)		open (3) til 5:45pm
<b>6-7P</b>		- stingrays last day 7/23 -					
<b>7-7:45P</b>		lap swim (2)	lap swim (4)	lap swim (2)	lap swim (4)		

The number in parentheses indicates the number of lap lanes available to the public. "NO" indicates that NO lap lanes are available during that scheduled program. Swimmers are expected to share lanes, circle swim in times of high demand.

**NOW HIRING LIFEGUARDS!!**

**INTERESTED IN BECOMING A LIFEGUARD?**

**INQUIRE @ THE FRONT DESK**



**COMP POOL CLOSED 4:00 - 7:45PM**

**THURSDAY: 7/17**