

EAC POOL SCHEDULE

Effective: 12/2/25 - 1/7/26*(schedule subject to change)***HOLIDAY FACILITY HOURS**

12/24 & 12/31: 5:30AM-NOON

12/25 & 1/1: CLOSED

****EXPECT COOLER COMPETITION POOL TEMPS****

Break times are called with a long whistle every 10 minutes to the top of the hour. Adults (18+) may stay in the pools along with handheld infants. All children below 18 years must leave the water until the lifeguard blows the whistle again.

THERAPY POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7A		open	open	open	open	open	
7-8A		open	open	open	open	open	
8-9A		aquanastics	water flex	aquanastics	water flex	aquanastics	open
9-10A		open	open	open	open	open	open
10-11A		open	open	open	open	open	open
11P-12P		open	water flex	open	water flex	open	open
12-1P	open	open	water flex	open	water flex	open	open
1-2P	open	open	open	open	open	open	open
2-3P	open	open	open	open	open	open	open
3-4P	open	open	open	open	open	open	open
4-5P	open	open	open	open	open	open	open
5-6P	open til 5:45pm	open	open	open	open	open til 5:45pm	open til 5:45pm
6-7P		open	water aerobics (6:30-7:30)	open	open		
7-7:45P		open til 7:45		open til 7:45	open til 7:45		

• **Bolded times indicate class/program. Pool closed to persons not participating, unless otherwise noted.** •

COMPETITION POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7A		lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	
7-8A		lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	lap swim (6)	
8-9A		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (6)
9-10A		deep water (1)	deep water (1)	deep water (1)	deep water (2)	deep water (1)	lap swim (6)
10-11A		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (6)
11A-12P		lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open (3)
12-1P	open (3)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open (3)
1-2P	open (3)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open (3)
2-3P	open (3)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	lap swim (4)	open (3)
3-4P	open (3)	swim team 3:30 - 5:00 (2) 5:00 - 6:30 (NO) 6:30 - 7:30 (2)	swim team & water aerobics 3:30 - 5:00 (2) 5:00 - 6:30 (NO) 6:30 - 7:30 (NO)	swim team 3:30 - 5:00 (2) 5:00 - 6:30 (NO) 6:30 - 7:30 (2)	swim team 3:30 - 5:00 (2) 5:00 - 6:30 (NO) 6:30 - 7:30 (2)	swim team 3:30 - 4:30 (2) 4:30 - 5:30 (NO)	open (3)
4-5P	open (3)						open (3)
5-6P	open til 5:45pm						open til 5:45pm
6-7P							
7-7:45P							

The number in parentheses indicates the number of lap lanes available to the public.

(NO) = NO lap lanes available due to scheduled program

Swimmers expected to share lanes, circle swim in times of high demand.

SEEKING MORNING (5:30AM) AND SATURDAY GUARDS
INQUIRE BY EMAIL: CLINK@NORWALKOH.COM

LAP LANE CHANGES

Thur 12/11: 6:30-7:30P (4)

Mon 12/15: 6:30-7:30P (4)

Fri 12/19: 10-11 (2); 3:30-4:30 (4)

Mon 12/22: 10-11:30 (2); 3:30-5 (4); 6:30-7:30 (4)

Tues 12/23: 10-11:30 (2); 12-2 (1); 3:30-5 (4)

Fri 12/26: 10-11 (2); 3:30-4:30 (4)

Mon 12/29: 10-11:30 (2); 3:30-5 (4); 5-6:30 (4)

Tues 12/30: 10-11:30 (2); 12-2 (1); 3:30-5 (4)

COMP POOL CLOSED

@ 4:45pm 12/2, 12/9, 12/16

@ 3:30pm 12/3, 12/10, 1/7