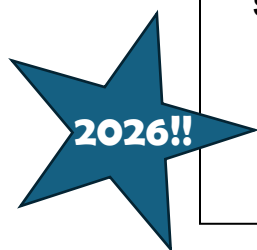


PARENT & CHILD AQUATICS

6 MONTHS - 3 YEARS*



BUILDS BASIC WATER SAFETY SKILLS FOR BOTH PARENTS AND CHILDREN, HELPING INFANTS AND YOUNG CHILDREN BECOME COMFORTABLE IN THE WATER SO THEY ARE WILLING AND READY TO LEARN TO SWIM. THESE BASIC SKILLS INCLUDE ADJUSTING TO THE WATER ENVIRONMENT, SHOWING COMFORT WHILE MAINTAINING A FRONT OR BACK POSITION IN THE WATER & DEMONSTRATING BREATH CONTROL (INCLUDING BUBBLES OR VOLUNTARILY SUBMERGING UNDER WATER).

NOTE: A PARENT/GUARDIAN IS REQUIRED TO BE IN THE WATER WITH THE CHILD DURING THIS CLASS. DO NOT ENTER THE WATER BEFORE CLASS STARTS.

Wednesdays: Feb 4-25

4:45 - 5:15pm (ages 6 m – 23m)

5:15 - 5:45pm (ages 2yrs - 3yrs*)

**participants up to 3 yrs, 11 m*

-or-

Wednesdays: March 4-25

4:45 - 5:15pm (ages 6m – 23m)

4:45 - 5:45pm (ages 2yrs - 3yrs*)

**participants up to 3 yrs, 11 m*

Members register starting 1/15 @6:30pm

Universal register starting 1/19 @6:30am

@THE REC CENTER FRONT DESK



Members: \$24

Universal: \$28

