

# **Norwalk Sidelines**

## **Coed Sunday Night Volleyball 2023-24**

**TEAM FEE:** \$245, 6 minimum players  
**FEE DUE:** October 29 or November 5th

**Team fees:**

- Due on October 29 or November 5th between 4:00-5:00 PM in the Rec. Center gym
- Captains should turn in 1 check - Please make checks out to "Norwalk Volleyball League LLC".

**Sponsor:**

- Sidelines (230 Milan Ave, Norwalk, OH) - you get 15% off of food only and just league days
- Just let them know you are in the Norwalk league

**Practice dates:**

- Teams can practice October 22 and October 29
- October 22 - we have all 2 courts from 4-6, Please text Jack Colvin to set up time
- October 29 - Please text Jack Colvin to set up time

**Roster:**

- Will be handed out at open gyms. Contact me if you can not make it and I can email you the roster
- Must be completed and turned in before first game

**Games:**

- Games will begin on Sunday, November 5th
- 3 sets to 21, all 3 sets must be completed 5 minutes before the next hour - winning team takes set.
- Your captain will be notified of your first game time 4:00 or 5:00
- League season 12 weeks
  - First Half: Nov 5, 12, 19, 26 Dec 3, 10 (Determine Upper & Lower teams)
  - 2nd Half: Dec 17 Jan 7, 14, 21, 28 Feb 5 (split to Upper & Lower)

**League rules:**

- Team roster must have at least 6 players. There must be at least 2 women on the court.
- Must have at least 4 players to play or forfeit
- USAV rules

**Prizes**

- Shirts for Winners (Upper and Lower)
- Banquet at end of league - day and time TBD

**\*\*CHILDREN POLICY\*\***

- Ages 14 & older: May be in gym, unsupervised as a spectator or using track
- Ages 10-13: Permitted in the gym if seated as a spectator, with direct supervision.
- Ages 9 & under: NOT permitted in the gym during adult leagues, in any capacity.

**OFFICER**

- Jack Colvin, 419-602-3457. Please text if you have any questions.
- Karl Rogers, 419-577-0948
- Kyle Bartzen, 419-202-5564